



# MEALS ON WHEELS

## March 2019



**BLOOMINGTON  
EDEN PRAIRIE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Call us at <b>952-835-1665</b></p> <p>With changes or questions</p>		<p>Please order Alternate Meals 3 days in advance</p>		<p><b>1</b></p> <p><b><u>SALISBURY STEAK</u></b> Garlic Mashed Potatoes &amp; Gravy Green Beans Dinner Roll &amp; Butter Chocolate Chip Cookie</p>
<p><b>4</b></p> <p><b><u>OVEN BAKED POLLOCK</u></b> Orzo Pasta with Spinach Sautéed Okra Tartar Sauce Diced Honeydew Lemon Bar</p> <p><i>alt: oven baked chicken</i></p>	<p><b>5</b></p> <p><b><u>HONEY BAKED HAM</u></b> Scalloped Potato Green bean Casserole Dinner Roll &amp; Butter</p> <p><i>alt: honey baked chicken</i></p>	<p><b>6</b></p> <p><b><u>ROASTED VEGGIE</u></b> <b><u>SCRAMBLE</u></b> Breakfast Potatoes Ketchup Packet Turkey Sausage Dinner Roll &amp; Butter Fudge Cookie</p>	<p><b>7</b></p> <p><b><u>HEARTY BEEF STEW</u></b> Biscuit Steamed Vegetables Diced Pineapple Cup Chocolate Muffin</p>	<p><b>8</b></p> <p><b><u>GRILLED CHICKEN</u></b> <b><u>SANDWICH</u></b> Wheat Bun Mayo Packet Bean Side Dish Fresh Orange Peach Crisp</p>
<p><b>11</b></p> <p><b><u>CHICKEN LOAF</u></b> With Savory Cream Sauce Wild Rice Pilaf &amp; Carrots Fresh Pear Vanilla Pudding Cup</p>	<p><b>12</b></p> <p><b><u>SLOW COOKED PORK</u></b> <b><u>CHOP</u></b> Sautéed Red Cabbage Boiled Potato Dinner Roll &amp; Butter Mandarin Orange Cup Butterscotch Blondie</p> <p><i>alt: chicken breast</i></p>	<p><b>13</b></p> <p><b><u>TUNA CASSEROLE</u></b> Egg Noodles &amp; Mixed Vegetables Sliced Beets Fresh Orange Sugar Cookie</p> <p><i>alt: chicken casserole</i></p>	<p><b>14</b></p> <p><b><u>CHICKEN KIEV</u></b> Rosemary Roasted Potatoes Brussels Sprouts Dinner Roll &amp; Butter Oatmeal Cranberry Cookie</p>	<p><b>15</b></p> <p><b><u>SLOPPY JOE</u></b> Wheat Bun Roasted Potatoes Ketchup Packet Diced Carrots Fresh Apple Slices</p>
<p><b>18</b></p> <p><b><u>BEEF LASAGNA</u></b> Fresh Garden Salad &amp; Italian Dressing Herb Breadstick Diced Pineapple Cup</p>	<p><b>19</b></p> <p><b><u>ROASTED PORK LOIN</u></b> Mashed Potato &amp; Gravy Roasted Zucchini &amp; Peppers Dinner Roll &amp; Butter Rice Crispy Bar</p> <p><i>alt: roasted chicken</i></p>	<p><b>20</b></p> <p><b><u>OVEN ROASTED HERB</u></b> <b><u>CHICKEN</u></b> With Brown Rice Pilaf Green Beans Fudge Cookie</p>	<p><b>21</b></p> <p><b><u>NEW! CHILI MAC</u></b> <b><u>CASSEROLE</u></b> Steamed Spinach Apple Slices Chocolate Chip Cookie</p>	<p><b>22</b></p> <p><b><u>OVEN BAKED FISH</u></b> Brussels Sprouts Tartar Sauce <b>New!</b> Chickpea Grain Salad Fresh Pear</p> <p><i>alt: baked chicken breast</i></p>
<p><b>25</b></p> <p><b><u>TURKEY MEATLOAF</u></b> Bread Stuffing Turkey Gravy Steamed Carrots Pudding Cup</p>	<p><b>26</b></p> <p><b><u>MACARONI AND</u></b> <b><u>CHEESE</u></b> California Blend Vegetables Diced Pineapple Cup Chocolate Chip Cookie</p>	<p><b>27</b></p> <p><b><u>CHICKEN A LA KING</u></b> With Biscuit Mixed Vegetables Diced Cantaloupe Snickerdoodle Cookie</p>	<p><b>28</b></p> <p><b><u>SPAGHETTI BOLOGNESE</u></b> Fresh Green Salad &amp; Italian Dressing Garlic Bread Mandarin Oranges</p>	<p><b>29</b></p> <p><b><u>BBQ PULLED PORK</u></b> <b><u>SANDWICH</u></b> Wheat Bun Creamy Coleslaw Diced Pears</p> <p><i>Alt: BBQ chicken sandwich</i></p>